Ready to be different?

Your work your way With Matthew Bellringer

Does this sound familiar?

- Struggling to get things done without knowing why
- Not being able to give your best because of all the other stuff you have to do
- Finding it hard to explain what you need from others to do your best work

Being a neurodivergent at work can be tough. The things you need to do aren't always designed for your brain, and neither are the approaches colleagues might offer to help.

The good news is that you can be successful on your own terms by doing these your own way. I will support you both practically and emotionally - to explore approaches to work that really work for you.

# Working with me

• Fit your schedule - sessions can be taken weekly, fortnightly or monthly

• Forget having to remember - Session recording, notes and links to resources provided after the session

• Buy with confidence - I offer refunds if you're not happy with our work together (see <u>website T&Cs</u> for details)

Packages

#### **Quick changes:**

#### 3 x 60-minute sessions ~ £560 / £375\*

### 帝 Purposeful Progress: 6 x 60-minute sessions ~ £1035 / £690\*

#### A new direction: 9 x 60 minute sessions ~ £1550 / £1035\*

#### Add-ons:

- Extra focus One off, in-depth 90 minute session ~ £270 / £180\*
- Maintain momentum email/chat support between sessions (per month) ~ £225 / £150\*

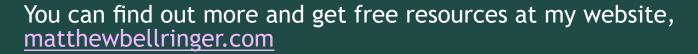
\* Discounted rate for Joyfully Different members or community benefit organisations

To find out more or buy a package, book a <u>free 30</u> minute, no-obligation intro call, or <u>send me an email</u>.

About me

I'm a neurodiversity and innovation expert who provides consulting and mentorship for neurodivergent professionals. I offer a person-centred, strengths-based, and flexible approach to building a working life that works for you.

I have a background in technology, service development, organisational management and psychology, and am a late-discovery autistic ADHDer.



## What clients like you say ~



Caitlin Quinn · 1st Brand Designer, Journalist, Creative May 30, 2024, Caitlin was Matthew's client O All LinkedIn members

Matthew is a delight to work with. They are supportive to a fault, and really get the neurodivergent business experience. Matthew knows that everyone's brain is different, and will work with you to find the solutions that fit. They are great at both practical solutions and at picking through the emotional side of running a business, because if you've done it, you know you can't separate the two! I'd particularly recommend working through Matthew's "Money" workshop, as it's been foundational to how I approach business, and my self worth!



Yvonne Daher · 1st

Coach · Program Manager · Change Leader · Agile Catalyst December 14, 2023, Yvonne worked with Matthew but they were at different companies All LinkedIn members

I love working with Matthew and learning from him all these geeky things that make life so much easier. I can't wait for the new courses on automation and AI helping with planning & scheduling. Also the one on Google Contacts as a CRM! Thank you for all these valuable nuggets and thank you for the friendship and the depth of the thinking - none IT related philosophical work you produce...